

Case Reference	
Date of Assessment	
Parent/Carer Name(s)	
Child Name	
School	
Practitioner	

WHAT TO EXPECT

- A holistic overview of family life, focusing on strengths, relationships, and routines.
- Exploration of mild to moderate challenging behaviours and the factors influencing them.
- An evidence-based approach, drawing from **SFSC**, **Incredible Years**, **PIPT**, and **Guided Self-Help** frameworks.
- Inclusion of your voice and reflections as a parent or carer throughout the process.
- Consideration of emotional wellbeing, cultural background, and family values.
- Use of **Goal-Based Outcomes (GBOs)** and **Strengths & Difficulties Questionnaires (SDQs)** to measure progress.
- Collaboration with schools, GPs, and other professionals to ensure joined-up support.
- Clear, practical recommendations you can start using right away.
- A strengths-based, non-judgmental tone — the focus is on growth, not blame.
- All information handled in line with **GDPR (2018)** and safeguarding guidance.

INTRODUCTIONS

This Parenting Assessment Report has been developed to explore family relationships, parenting strengths, and areas for growth in a supportive holistic way. It provides an overview of family life, emotional wellbeing, and practical routines, with recommendations designed to strengthen parent-child relationships and promote positive change. The process combines evidence-based practice, reflective discussion, and the parent's own insights and experiences.

Background Information

- Family composition and household members
- Relevant background history (parenting, relationships, or social context)

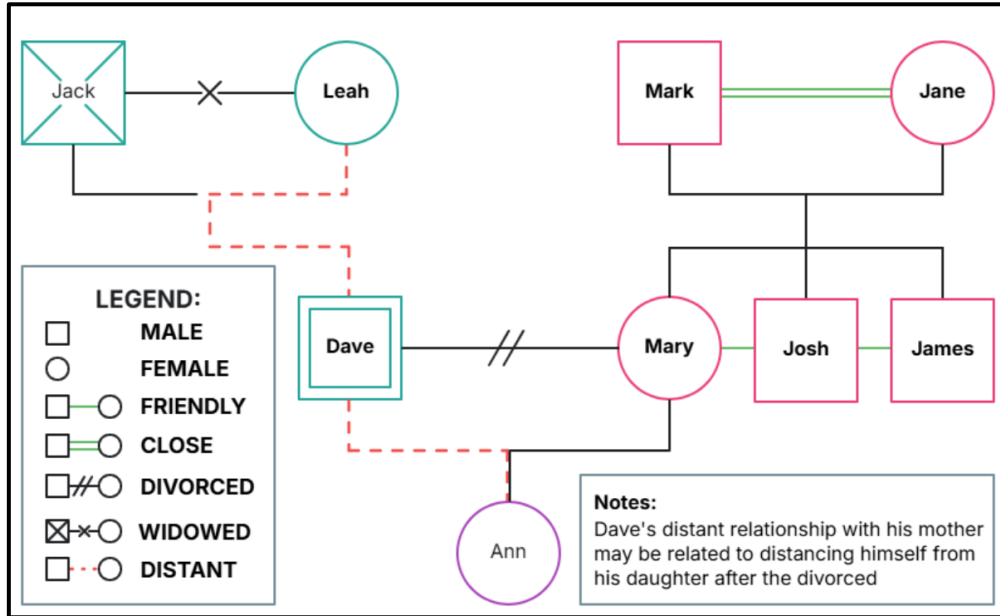
ONZ P.A.T.H LTD — Parenting at the Heart

Empowering Parents • Nurturing Connections • Transforming Communities

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- Parent/carer understanding of why support has been offered or is being assessed to see if support is needed
- Current life stressors or transitions (housing, health, relationships, etc.)
- Family hopes and goals

Genogram of the Family (Template)



Background information findings:	
Goal 1	
Goal 2	
Goal 3	

Child Profile

- Health and development overview
- Education and learning
- Emotional and social presentation

- Strengths and protective factors
- Behavioural triggers and soothing strategies
- Child's wishes and feelings (where appropriate)

Child profile findings:

Child's wishes and feelings (where appropriate)

Parent/Carer Profile

- Daily routine and responsibilities
- Employment and financial circumstances
- Health, wellbeing, and coping strategies
- Parenting style and approach to discipline
- Emotional regulation and stress management
- Social GRRRAACCEEESSS — how identity, culture, or faith shapes parenting
- Core parenting values and beliefs
- Motivation for change and self-reflection
- ABC Formulation – Created with the Parent

Parent/Carer profile findings:

ABC Formulation of the incident on the __/__/_____.

Professionally articulated to showcase what is happening hen behaviour occurs.

Antecedent: The event or situation that happens before the behaviour	Behaviour: The specific action or response that occurs.	Consequence: The outcome of the behaviour, which can be emotional and behavioural.

Thoughts of expectations		Feelings/Physical sensations	
Child	Parent	Child	Parent

Relationships and Support

- Quality of relationship between parent and child (warmth, communication, consistency)
- Family and community support networks
- Relationships with professionals and services
- Parent–school collaboration and communication
- Barriers or enablers to accessing help

Relationships and support findings:

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School

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Barriers to access

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Understanding the behaviour and dynamics

- Key strengths in parenting capacity
- Developing areas or needs for further support
- Impact of identified factors on the child and family system
- Parent engagement and reflection during the assessment
- Observed progress or change over the sessions
- Summary of protective and risk factors

<p>Presenting Problems: Describe the key concerns or challenges identified (e.g., emotional dysregulation, boundaries, routines).</p>	
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Predisposing Factors: Historical or background factors contributing to the current situation (e.g., early life experiences, trauma, parental stress).	
Precipitating Factors: Recent events or triggers leading to the presenting issue (e.g., family changes, bereavement, or school transitions).	
Perpetuating Factors: Ongoing influences that maintain the problem (e.g., unhelpful patterns, inconsistent boundaries, communication difficulties).	
Protective Factors: Strengths, support systems, and coping strategies that promote resilience and recovery.	
Risk factors or potential concern details	
Risk Level	HIGH - MID - LOW -
Action Taken:	

Factors impacting the behaviour

Child Factors	Home/Environmental Factors	Caregiver Child Interactions
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<ul style="list-style-type: none"> - Child temperament - Child health - Developmental delay - Co-occurring Conditions 	<ul style="list-style-type: none"> - Parental stress level - Marital conflict - Lack of social support - Parental Mental Health - Instability/Loss/Change 	<ul style="list-style-type: none"> - Accidental rewards for misbehaviour - Learning through watching - Ignoring desirable behaviour - How instructions are given - Ineffective consequences
<i>Clients Name</i>	<i>Family</i>	Parent(s) Name

Recommendations and Next Steps

- Suggested parenting strategies or interventions
- Appropriate Signposting
- Recommended programmes within ONZ PATH or other organisations
- Multi-agency collaboration (school, GP, other services)

Recommendations and Next Steps

SDQ Scoring

SDQ scoring

Score	Close to average	Slightly raised	High	Very high
Total difficulties (/40)	0-12	13-15	16-18	19-40
Emotional problems	0-2	3	4	5-10
Conduct problems	0-3	4	5	6-10
Hyperactivity	0-5	6	7	8-10
Peer problems	0-2	3	4	5-10
Prosocial	7-10	6	5	0-4
Impact	0	1	2	3-10

Categories	Score at Assessment	Rating
Total difficulties		
Emotional Problems		
Conduct problems		
Hyperactivity		
Peer problems		
Prosocial		
Impact		

Practitioners Reflection Summary

Reflection

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Parenting Assessment Report

